

*Emmy's book 'Nature Inspired Reflections' is a collection of beautiful photographs of the Australian landscape and nature accompanied by inspirational quotes.*

*Emmy Silvius is an accomplished photographer with a passionate interest in the environment and all it offers us. She manages to capture exquisite moments where landscape and nature meet and embrace. With the added reflective quote on each page, this book becomes ideal for everyone especially those who are not able to seek such surrounds, ponder and listen to the birds and observe the animals in their native habitat. I think of busy people who find it hard to take time out, I think of elderly people, particularly those confined to their homes.*

*Nature Inspired Reflections encourages readers to take time to reflect and to appreciate that "nature in all its glory is what keeps us grounded and alert to what is really important in life." (Emmy Silvius).*

*I recommend this book for personal use or as a gift for a friend. It offers all of us a chance to see how fortunate we are to live in Australia and be surrounded by beauty, and with beauty comes a quiet and restful peace.*

*Marg Sculley, Melbourne*

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Over the years many of us have enjoyed Emmy Silvius' beautiful calendars displaying her photographic prowess. Now she has offered us *Nature Inspired Reflections*, a more permanent collection of her art. This hard covered book of 24 pages is 20 x 20 cm and can be laid open at any desired page. It would make an ideal gift as well as a desirable addition to one's coffee table.

Every page contains a stunning photograph - the beauty of which no words can express. From sunrise to sunset, from brilliant nature scenes, to elegant birds swooping, to protecting one another to their making love: every mood is offered for our contemplation. In addition, each photograph is accompanied by a one-line thought to capture our attention, enrich, soothe and challenge us, such as '*Only love can be divided endlessly without diminishing; and We waste the present when we live in the past.*'

*Anne O'Brien, Melbourne*